

THANK YOU SO MUCH!



Thank you so much for your support of our Starlight Charity Raceday at Newbury Racecourse.

We're delighted to announce that the 2023 Starlight Charity Raceday raised £176,500. This is an incredible amount of money which will go so far at Starlight to fund our vital services supporting seriously ill children and their families, and we couldn't have done it without you.

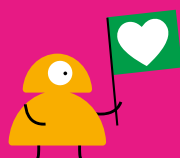
Starlight is the national charity for children's play in healthcare. We support children to experience the power of play to boost their wellbeing and resilience during treatment, care and recovery from illness.

Play is not a choice; it's crucial to the health and wellbeing of children. It fuels curiosity, sparks creativity, and inspires a lifelong love of learning. Children who play develop skills to thrive today, and lay the foundations for a healthier and happier life. Evidence shows that play opportunities in healthcare settings reduce the anxiety, fear, and distress that many children experience; and that the support of health play specialists in children's medical procedures can mitigate the pain and trauma of treatment, in addition to creating economic benefits for the NHS. Starlight aims to enable all children in the UK to have their right to play protected and provided for when they are receiving healthcare.



"I can't make the children on the cancer ward better but I can make their time in hospital better, and being there for them and giving them the opportunity to play means that their time can be the best it can be."

Claire, Health Play Specialist of the Year, Southampton



THANK YOU

Thank you so much for being Protectors of Play!

If you would like to find out more or discuss how you can further impact the lives of seriously ill children and young people across the UK, please visit our website: www.starlight.org.uk/